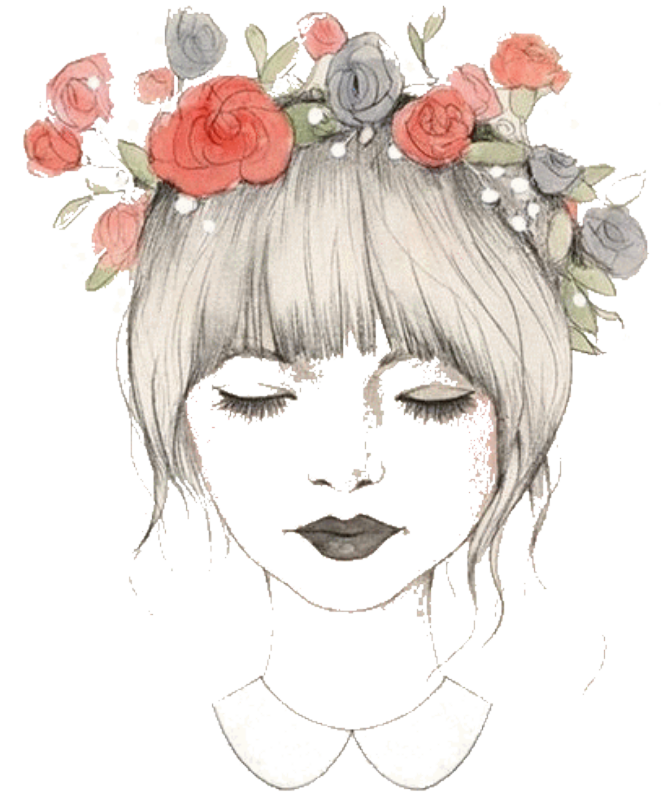


CONTROLE DE HÁBITOS

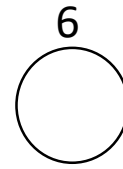
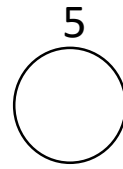
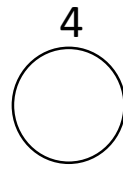
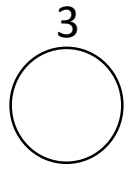
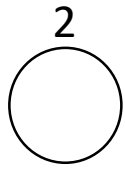
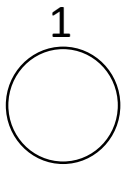
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☐	☐	☐	☐	☐	☐	☐
15	16	17	18	19	20	21
☐	☐	☐	☐	☐	☐	☐
22	23	24	25	26	27	28
☐	☐	☐	☐	☐	☐	☐
29	30	31				
☐	☐	☐				

Hábito:

Mês:



CONTROLE DE HÁBITOS



Hábito:

Mês:

